



Sleep Study Report

Patient Information

First Name:

Last Name:

ID:

Birth Date:

Age:

Gender:

Insurer:

BMI:

Neck Circ.:

Epworth:

Mobile Phone:

Address:

Sleep Study Information

Study Date: 27/09/23

S/H/A Version: 5.3.81.5 / 4.2.1111 / 81

Referring Physician Information

First Name:

Last Name:

Work Phone:

Mobile Phone:

Fax:

E-mail:

Summary & Diagnosis

Beoordeeld door: HZ

Tijd slapen: 23:02

Aantal keren wakker: 2x

Tijd wakker worden: 07:15

Beter of slechter geslapen dan normaal?: zelfde

Tijdens de nacht opgestaan?:nee

Klachten tijdens de nacht?: bij ontwaken hoofdpijn en droge mond. Nog steeds vermoeid bij opstaan

Opmerkingen:

Report prepared by:

Electronically Signed:

Signature:



27/09/23



Sleep Study Report

Sleep Summary

Start Study Time:	11:02:25 PM
End Study Time:	7:30:57 AM
Total Recording Time:	8 hrs, 28 min
Total Sleep Time	8 hrs, 1 min
% REM of Sleep Time:	31.5

Respiratory Indices

	Total Events	REM	NREM	All Night
pRDI:	209	31.2	24.2	26.3
pAHI 3%:	21	6.1	1.1	2.7
ODI 3%:	12	3.2	0.7	1.5
pAHIc 3%:	0	0.0	0.0	0.0
% CSR:	0.0			
pAHI 4%:	7			0.9
ODI 4%:	2			0.3

Indices are calculated using technically valid sleep time of 7 hrs, 56 min.

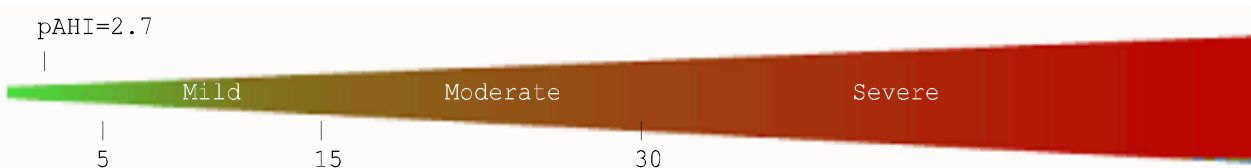
pRDI is calculated using oxi desaturation $\geq 3\%$

Oxygen Saturation Statistics

Mean:	95	Minimum:	84	Maximum:	98
Mean of Desaturations Nadirs (%):					94
Oxygen Desatur. %:	3-9	10-20	>20	Total	
Events Number	12	0	0	12	
Total	100.0	0.0	0.0	100.0	
Oxygen Saturation:	<90	<=88	<85	<80	<70
Duration (minutes):	0.1	0.1	0.0	0.0	0.0
Sleep %	0.0	0.0	0.0	0.0	0.0

Pulse Rate Statistics during Sleep (BPM)

Mean:	59	Minimum:	44	Maximum:	116
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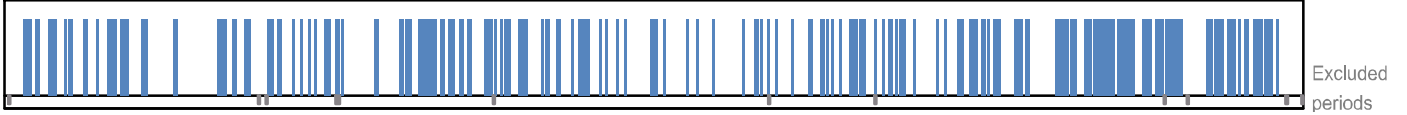


* Reference values are given by physician

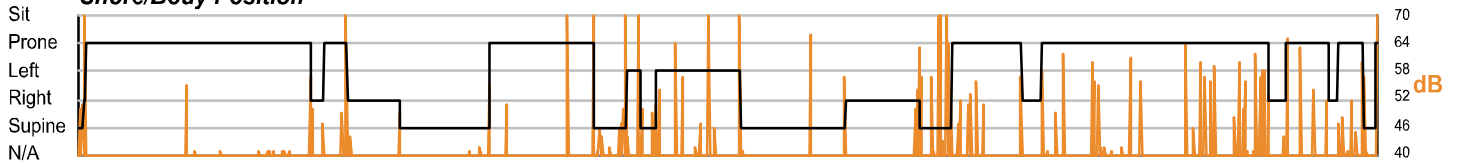


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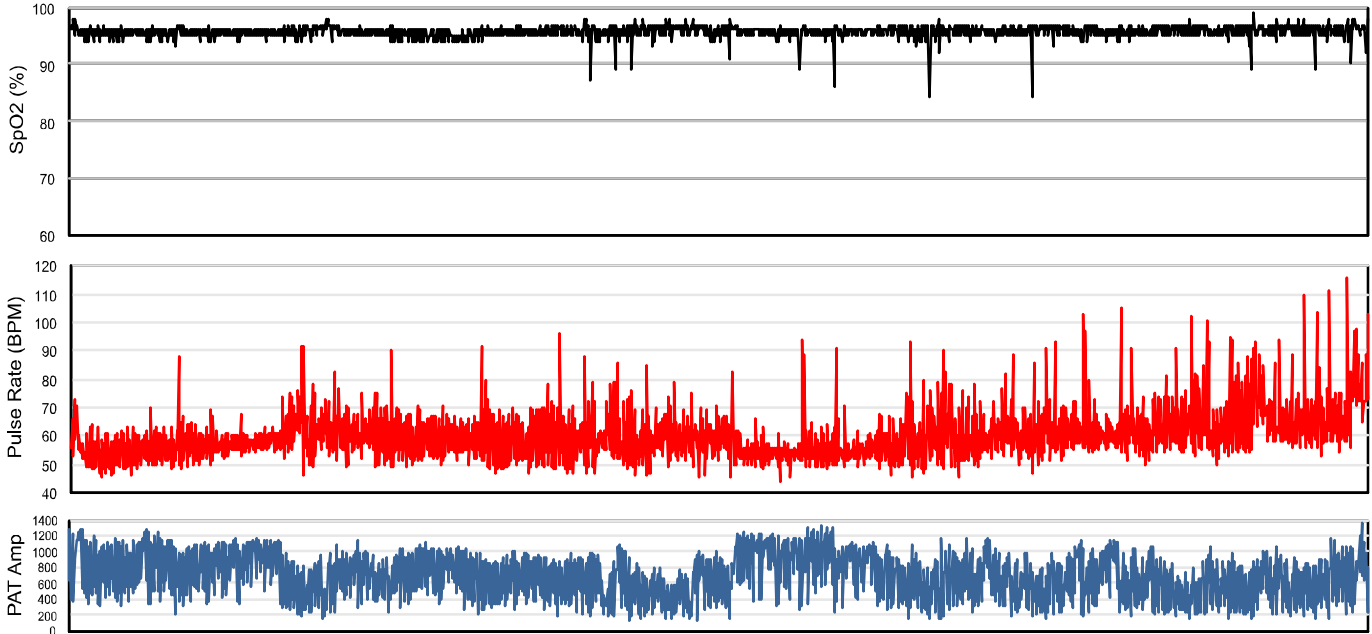
PAT Respiratory Events



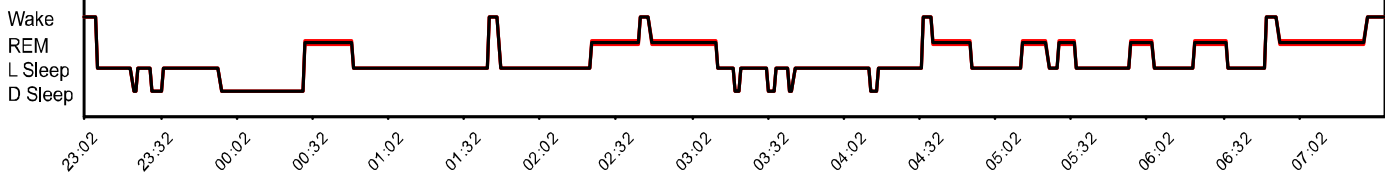
Snore/Body Position



Oxygen Saturation: / Pulse Rate (BPM) / PAT Amplitude



Wake / Sleep stages

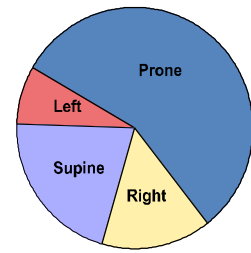




Sleep Study Report

Body Position Statistics

Position	Supine	Prone	Right	Left	Non-Supine
Sleep (min)	101.5	270.0	72.5	37.5	380.0
Sleep %	21.1	56.1	15.1	7.8	78.9
pRDI	18.5	32.2	19.2	19.3	28.4
pAHI 3%	5.4	2.3	0.0	3.2	1.9
ODI 3%	2.4	1.1	0.8	3.2	1.3

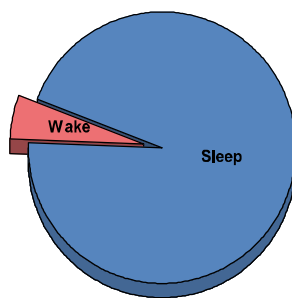


Snoring Statistics

Snoring Level (dB)	>40	>50	>60	>70	>80	>Threshold (45)	Mean: 40 dB
Sleep (min)	17.7	6.5	2.0	0.0	0.0	10.4	
Sleep %	3.7	1.3	0.4	0.0	0.0	2.2	

Sleep Stages Chart

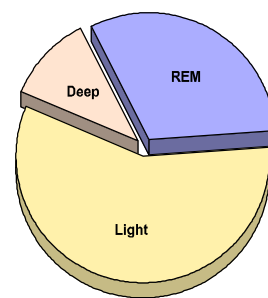
Sleep/Wake States



Wake	5.31%
Sleep	94.69%
Total:	100.00%

Sleep Latency (min): 5
REM Latency (min): 82
Number of Wakes: 5

Sleep Stages



REM	31.46%
Light	57.32%
Deep	11.22%
Total:	100.00%